

WELCOME TO YOUR

1:1 PURPOSE COACHING INTENSIVE







Hey, lovely.

If you are reading this, chances are that you are a bit lost in your career or life right now, perhaps a bit of both.

You may have realised that things cannot continue as they have...

...that the stress, the anxiety, the feeling of "I know I'm meant for so much more"...can no longer be ignored.

But where to go from here, right? How to figure out what you really want, let alone how to get there...that's the big questionmark.

My love, I hear you. I know how it feels to go through a crisis in life.

The fact that you're here, though...and want to change something, is truly amazing...and it's all that is needed for now. On the next few pages you'll find information on how I may support you in bringing back clarity, peace, and fulfillment into your life - just like you deserve.

You'll be able to decide whether my vibe and work align with you.

If they don't, no worries. I am rooting for you, regardless.

But if they do, go ahead and book a call. So we can talk more about it and determine if it would serve us to work together.

I can't wait to speak to you.

Much love,

Purpose & Mindfulness Coach

Christian Malarcine





Tired of Feeling Lost In Your Career & Life?

Let's transmute your **suffering** into **clarity**, so you can step into the life you are meant to live.

Tell me if any of this resonates with you...

YOU ARE IN A JOB OR A POINT IN YOUR LIFE THAT FEELS DEEPLY UNFULFILLING

...like SOUL-crushingly so – and you keep wondering "how did I get to this point?"

YOU ARE SO MENTALLY, EMOTIONALLY, AND SPIRITUALLY DRAINED

...that you struggle to figure out what you *really* want to do, let alone how to make that happen.

DEEP DOWN, THOUGH, YOU SENSE THERE IS SOMETHING YOU'RE MEANT TO BE DOING...

...something your soul is calling you to do. However, confusion, doubt and fear are holding you back.

YET YOU HAVEN'T GIVEN UP HOPE THAT ANOTHER LIFE IS POSSIBLE...

...one that would feel like a true expression of yourself, while making the world a better place.

(perhaps you're even an INFJ/INFP/ENFJ/ENFP personality and thus feel a particular strong desire to do something "meaningful")







My dear...

YOU'VE SUFFERED ENOUGH. IT'S TIME FOR YOU TO STEP INTO YOUR PURPOSE, CLAIM YOUR POWER, AND THRIVE - NOT JUST SURVIVE.



Look. I get it. I know what it feels like to live without clear purpose and direction...

7 years ago, I was stuck in a 9-to-5 job that drained my spirit, crushed my soul, and had me completely disconnected from myself.

So much so that I developed a severe gambling addiction that led to crippling debt, mental-emotional-spiritual burnout, and my ultimate rock bottom moment (which had me break down in front of my father, because I was completely broke(n)).

7 years later I am a certified life & business coach as well as meditation teacher helping others discover and step into their soul's purpose. What started this turnaround was taking responsibility for my life, managing my stress and overwhelm, and learning to reconnect with myself and my dreams.

During this process, I learned that our purpose is actually bigger than us. It may start with us but certainly doesn't end with us. For me, I realized that my purpose was to connect people to their appropriate path in life and ultimately back to themselves, so that collectively we can also find back to each other again.

If you ever wondered if you have a purpose in life, let me assure you that you do. And it's time that you step into it - both for your own sake and for the world's.



1:1 Purpose Coaching Intensive

IT'S TIME

...to step into your soul's purpose and express your heart's *true* desires.

~ Your dreams are why you are here ~ They are your mission, your liberation, and your healing.

BUT WANT TO KNOW THE FULL TRUTH?

YOUR PURPOSE AND YOUR DREAMS...
THEY ARE NOT JUST ABOUT YOU.

THEY ARE YOUR GIFT TO THE WORLD...

...the solution to someone's problem...
...the medicine to someone's pain...
...the key to creating a better world for everyone.

DON'T DEPRIVE THE WORLD OF YOUR GREATNESS.

JUST IMAGINE HAVING...

CLARITY

...about what it is you REALLY want to do and are *meant* to do.

&

COURAGE

...to step into this life without compromise and self-betrayal

...WHILE FEELING...

AT PEACE

...knowing that you are living aligned with your soul's purpose and walking your own path in life - being fully yourself.

EXCITED

...because your work energizes you and creates such value that people are happy to pay you for it (if that's what you want)

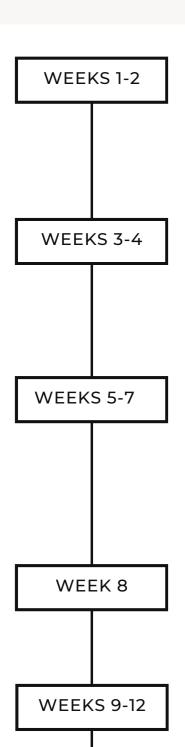
FULFILLED

... because you know you are doing what you are meant to be doing and that it is making a difference in the world.

And this is how we get there...

Wherever you are...whatever you need....we will start there. This is all about *your* journey.





Managing Your Anxiety & Overwhelm

We shift your anxiety & overwhelm into a state of peaceful acceptance using the power of mindfulness, NLP, and belief work. In this way, we honour your past and ground yourself in such a way that it opens up infinite possibilities about your future.

Creating Space for Joy & Inspiration

Using proven behavior change tools, we focus on building empowering habits that work for you and not against you so that inspiration can flow through you again. You find it easier to stay grounded and connected to yourself, and begin reconnecting with what inspires you and brings you joy.

Identifying Your Soul-Fulfilling Career/Life

Your clarity is unfolding quickly now, and you're getting clear about your soul's purpose, your values, gifts, and zone of genius. We craft an inspiring vision that is aligned with what your heart and soul truly want. Depending on your career ambitions, we create a business strategy where we identify your soul-clients, offer, and authentic marketing strategy.

Creating a Powerful Roadmap

We create a powerful action plan for you to turn your vision into reality. We set clear goals, identify potential gaps, and define action steps that get you to where you want to be.

Transitioning Into Your New Life

You have incredible new habits and rituals that will not only help you set meaningful goals, but now you're motivated to fulfill them. I will help you take consistent action towards your vision, while helping you overcome any fear, doubt, or mental blocks that may cause you to procrastinate or get stuck.

What My Clients Say



"Christian's calm nature helped me to fully immerse myself in the coaching process. After each session, I felt clearer. Thank you, Christian, for both the professional and warm space you created. Above all, thank you for the life-changing insights I developed because of your thought-provoking questions"

Jule, Yoga Instructor

What I found particularly remarkable was the calmness that Christian radiated, no matter how emotional I myself became at times. This allowed me to organise myself and find clarity within - thank you, Christian.



-Luisa, Small Business Owner



Christian helped me a lot to become clearer about my life. Although I had already done a lot of self-awareness work on myself, Christian helped me to deepen my insights and process them emotionally.

Tom, PhD Student

Christian helped me to get really clear about what I value and want from life. What impressed me the most about Christian was his calm and empathetic way of coaching. It seemed as if a piece of his calmness stayed with me after each session



Tanja, Higher Education Professional





YOUR INVESTMENT

- 10 x 75-minute 1:1 coaching calls over Zoom, where we meet either weekly or bi-weekly
- 15+ tools & exercises in between sessions
 that will help you increase clarity about the
 career/life you truly want, build powerful new
 habits for peak performance and become a
 master at shifting limiting beliefs that keep
 you from living your purpose
- 9+ Meditations to help you visualise your new life/career, manage anxiety and overwhelm, and stay connected to yourself and your soul's highest vision for you
- Unlimited email support throughout our time together (response within 48 hours)

INVESTMENT

\$3,000

OR
3 PAYMENTS OF 1050\$
SAVE 150\$ IF YOU PAY IN FULL

FAST TRACK VIP PACKAGE

Everything listed above, PLUS

- Unlimited Voxer Support: Implement your insights with me at your fingertips. Exchange voice memos during our time together and overcome any challenges in between sessions (Value: \$1000)
- Half-day Reconnect & Strategy Session (1:1):
 Let's fast track your results. First, I help you
 get really present, then we'll key in on an area
 that is blocking you from living your purpose
 (e.g money blocks). Depending on your
 career goals, we may also use this session to
 develop your business strategy. (Value: \$1200)

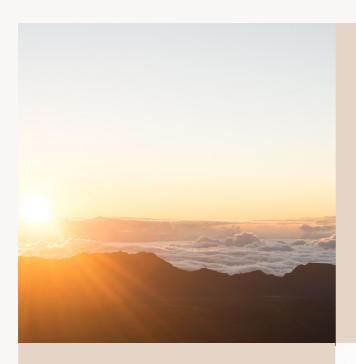
INVESTMENT

\$3,800

OR
3 PAYMENTS OF 1350\$
SAVE 250\$ IF YOU PAY IN FULL

APPLY NOW

PAY IN <u>FULL</u> AND RECEIVE THESE <u>TWO</u> BONUSES!



BONUS #1

1x 75-min follow up session approx. 8 weeks after our final call to clear any potential blocks and ensure you keep living in alignment with your highest vision for yourself.

BONUS #2

Free ticket to my next mindfulness workshop (dates TBD - if you cannot attend, you can either watch the recording or defer your spot to the next live event you are able to attend



I can't wait to speak to you and get started...



If you have any questions or concerns, I encourage you to write them all down and bring them to our call. You can also email me or DM me on Instagram for any general questions.

I can't wait to see how I can best support you, so you can step into the life you deserve.

I fully believe in you and the gifts you have to offer. The world needs you. I hope you know that.

Christian Malarcine

BOOK YOUR FREE CLARITY CALL

OUR TRUEST

LIFE

IS WHEN

WE ARE

IN DREAMS

AWAKE

- HENRY DAVID THOREAU

